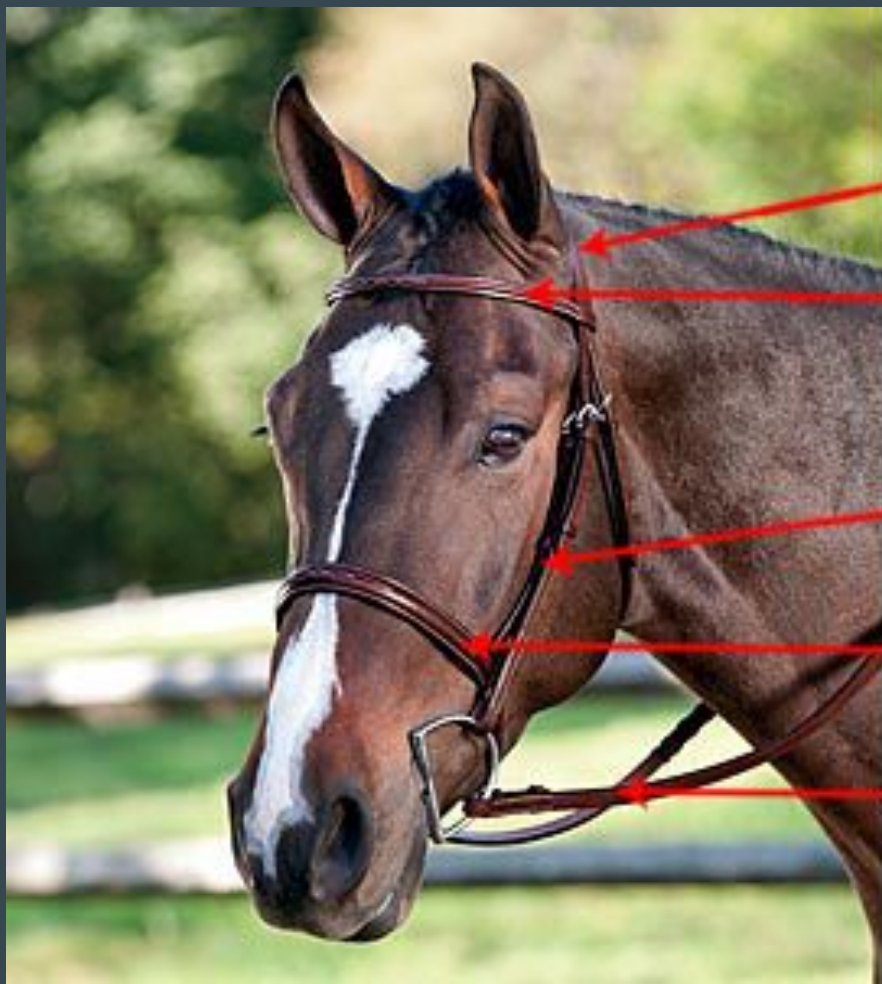


How to Properly Fit a Bridle

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Crownpiece

Browband

Cheek Piece

Noseband

Reins Looped Over Neck

Bridles Come In Many Sizes and Styles

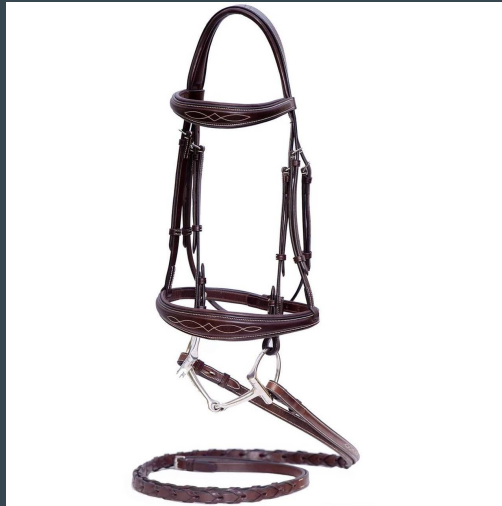
Sizes: Pony, Cob, Full/Horse, Oversized/Warmblood and Draft

Examples of a few different styles:

Western



English



Dressage



Cheek Piece & Bit Fit



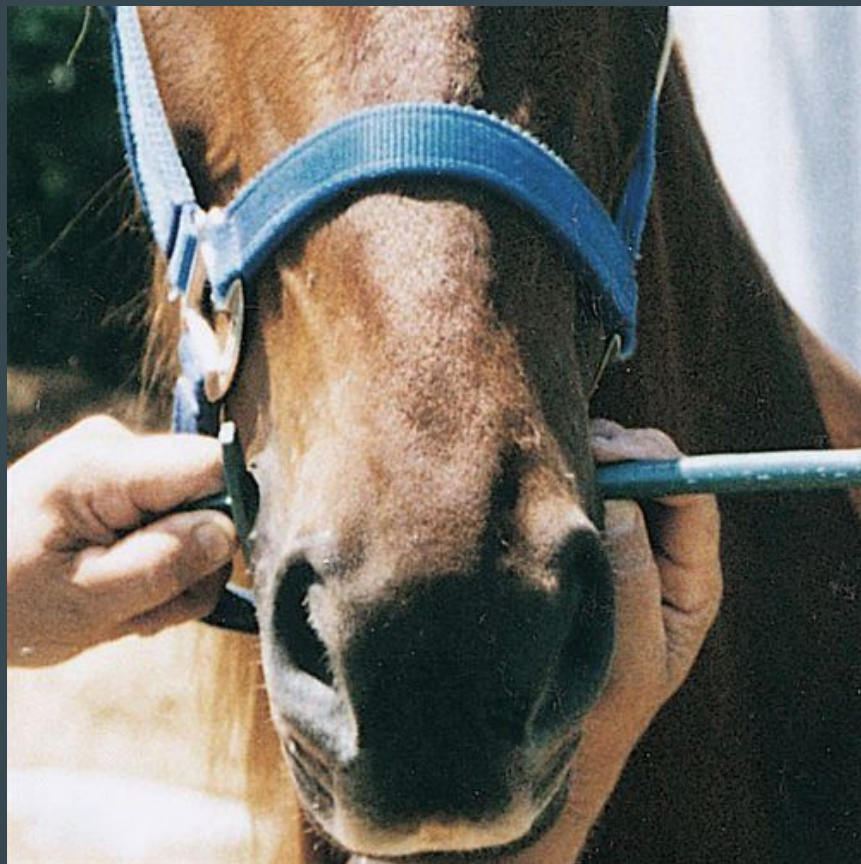
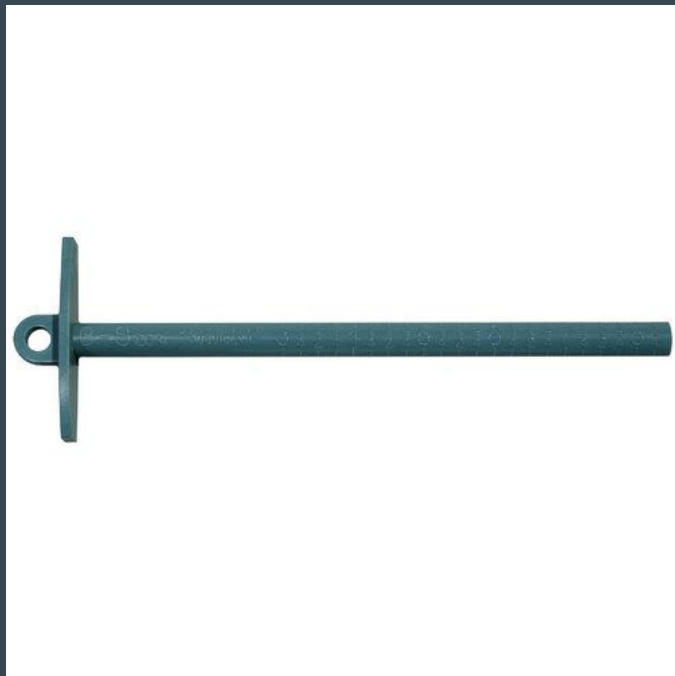
The cheek pieces are the correct length when the bit is in the proper position in the mouth.

This bit fits nicely in the horse's mouth with 1-2 wrinkles showing.

Bits come in different widths and lengths.

The proper length is important to avoid pinching or rubbing.

A Bit Fitter has measurements to show you what size bit your horse needs. Below shows how to use this tool.



Brow Band Fit



A browband which is too large can allow the bridle to slip out of place, a browband which is too small will pinch and pull the crown piece into the base of the ears. When you fit your brow band you should always check to make sure it isn't pulling the cheek pieces up into the horse's eyes or pressing into the horse's forehead. There should be a gap big enough to fit a few fingers between the band and the horse's forehead.

Throat Latch Fit

The throatlatch helps to stabilize the bridle by preventing it from tipping side to side. A good rule of thumb for the throat latch is a closed fist/4 fingers to 4 spread apart fingers between his cheek and throat latch. It is better to be too loose than too tight with this piece so it doesn't restrict the horse when they are in motion.



Noseband Fit

A noseband should be fitted so that it sits about 2 fingers below the bony facial crest (Zygomatic ridge) so that it doesn't rub on the bone. Fitting the noseband higher will put pressure directly on a nerve bundle in the horse's face which can cause the horse discomfort. When tightening the noseband you should be able to fit two fingers (stacked) under the front or back of the noseband.





https://www.youtube.com/watch?time_continue=1&v=km9a4h_QgVo&feature=emb_title